

Central Virginia Intergroup
Minutes from February 2, 2020 meeting
Meeting results in **bold**

1. Welcome: **Mark** read the 12 Steps, **Susan** read the 12 Traditions, and **Catherine** read Concept 2
2. Introductions: **Susan, Mark, Ellyn, Bob, Catherine, Julie, and Nancy P.**
3. Questions on these reports:

Chair—Catherine: **present no questions one update –see below in bold**

1. We will be voting in New Business on whether specific items should be added to the agenda for the World Service Business Conference. I encourage you to look these over, especially the Proposals (as opposed to the Bylaw changes). There are 2 proposals to change the definitions of abstinence and recovery, and 2 proposed new Tools, among other things.

To clarify: We do not get a chance to vote on whether to accept or reject these proposals, only whether we want WSBC to debate them on its agenda. Susie will vote for us. If at least 50% of participating intergroups vote to put the item on the agenda, it will be debated unless withdrawn or otherwise ineligible.

Proposals: <https://oa.org/files/pdf/NBMs-20.pdf>

Bylaws: <https://oa.org/files/pdf/Amendments-20.pdf>

2. Registration information for the World Service Convention (the fun one!) should have been listed on the WSO website on Friday Jan 31. It's at the Renaissance Orlando at Sea World from Aug 20-22, 2020.

If you plan to attend or might plan to attend, I urge you to make a hotel reservation pronto! The hotel where all the convention activities will take place is huge but OA can only reserve so many rooms. At the Boston Convention, some members had to stay in nearby hotels.

This will be the last World Service Convention until 2025 and I suspect that one will be overseas, so if you can attend, I urge you to make plans now!

Here is the link: <https://oa.org/members/events/world-service-convention/>

Vice Chair—Julie: no report **no questions**

Treasurer—Sarah: **not present**

January 2020:

- Started the month with \$3245.30
- Deposited \$1026.10
- No outgoing expenses (but there will be some in Feb for Birthday Party reimbursements)
- Ended with \$4271.40
- Less \$1000 prudent reserve
- Leaves \$3271.40 available funds

Birthday party accounting:

- The birthday party cost a total \$397.06, which we split half way with Tidewater.

- We paid \$254 out of pocket and collected \$136 in 7th tradition, so the net was that the birthday party cost us \$118 out of pocket

Here are the numbers (clarification: although it says "December 2019, it's actually the January report if you look at the numbers)

<https://docs.google.com/spreadsheets/d/1xjqACxuPypOI0I2h4nZ4bM6kY0UJcDdg6BBgknnXoPQ/edit#gid=764914740>

I have gotten nowhere with this Zoom line...I've talked to customer service a couple of times and they are not responsive. I will try one more time before our next meeting and then Plan B might be just to use one of our credit cards.

Retreat—Susan: **present**

Reminder: The next retreat planning meeting will be held on Sunday, February 16 at 7 pm via Zoom, **not Tuesday.**

Public Information—Madelyn: no report. **not present**

Fun and Fellowship—April: **not present**

There was a January birthday lunch plus white elephant gift exchange, everything was done within the hour.

I have not heard any suggestions about weekend fellowship ideas. Right after a meeting seems to be the most convenient but I'm open to other ideas so people that can't get away during the day can participate.

Next birthday lunch is Feb 21st. The 3rd day last Friday.

Secretary—vacant: **still vacant**

Region Rep/WSO Delegate—Susie: **not present**

No report from me, and I'll be absent because I'll be in New Zealand!

Internal Communications—Becky: no report **not present**

Telephone—Dianna: **not present**

We have received a few calls and I directed the callers to local meetings/phone line meetings as well as our website. I won't be able to attend the Intergroup meeting in February.

Newsletter—Bob: **present update:**

Feb newsletter to come soon.

In addition, the Friday evening meeting at Spring Run Church is closing. The meeting is paying its last rent, returning to IG the \$75 given by IG for startup costs which the meeting did not use, and distribute the remaining funds (\$33) 50% to IG and 50% to WSO.

The Thursday 11:30 meeting is doing well.

Website—Mark: present

The new CVIG website is up and running without problem. Currently all domains are pointing to the new site. Three of the domains and the hosting are now with InMotion Hosting. One domain, richmondoa.org is still at GoDaddy because its renewal date was within 14 days of the initially desired transfer date. The ICANN rules are that transfers cannot happen within 14 days of a renewal. Bob E. graciously paid for the renewal of the domain at GoDaddy. We will again endeavor to move it to InMotion in February. At that point, there will be one point of contact for managing all the paid website components except for the Akismet (SPAM filtering service) service. All the pertinent details for the maintenance of the website have been documented and provided to Catherine W. as a backup to Mark E. However, It would be good to have a backup website administrator. If anyone is interested, please contact Mark E. at markelliottva@gmail.com.

12th Step Within—Alicia: not present

OA's 60th Birthday Celebration, held January 18th, was a great success, with at least 40 people attending. The 7th Tradition basket collected \$136.

February 29, Saturday, is OA Unity Day. Please ask your meetings if they or an individual member would like to plan a program to celebrate Unity Day. The program can be as simple as reading/sharing on Tradition 1, then culminating with holding hands at 2:30pm ET marking OA's unity around the world.

Sunday's 10:30am-11:30am meeting, at Retreat Hospital, has agreed to let the 12th Step Within use their meeting time on March 22 to have a program entitled "Step 0 - Put the Food Down".

4. Old Business:

- a. Zoom account? **Catherine will ask Sarah the status. When established, please copy Mark and Catherine on new account information**
- b. Birthday Party: Tidewater reimbursement needed? **Voted to forgive the \$8.73 reimbursement from Tidewater. Catherine will inform Alicia.**

5. New Business:

- a. WSBC proposed agenda items—**much discussion, see results below.**
- b. Approval of January minutes **Approved**
- c. Face-to-face IG meeting in June? **Approved. Will take place Saturday June 6 at 11:15 at Christ Church Episcopal, 5000 Pouncey Tract Road, Glen Allen, VA 23059 after the Saturday 10 AM meeting.**

6. Closing: **With thanks to all who attended, the meeting closed at 7:59 PM with the “we” version of the Serenity Prayer.**

**CVIG Vote on 2020 WSBC Agenda Proposals
February 2, 2020**

<u>Proposal</u>	<u>Vote</u>	<u>Comments</u>
A	No	Violation of Tradition 2, tying hands of HP, members, and delegates
B	Yes	
C	Yes	
D	Yes	Want discussion not necessarily approval
E	Yes	
F	No	“Action Plan” covers it
G	No	way too expensive; one member with experience in the field thought it would cost much more than \$12,000
H	No	“Action Plan” again covers it
I	No	Not enough rationale; a policy statement is important
J	No	Mandating something that may not be able to be determined
K	No	Overexercising is not a food behavior but a reaction to compulsive eating. What about bariatric surgery? What about future descriptions of compulsive food behaviors? OA website has good definition of various compulsive food behaviors—can’t give all the information in a meeting format

Bylaw Amendments

1-10

Yes