

Central Virginia Intergroup
Minutes for July 5, 2020 Meeting at 7:00 PM on Zoom
Meeting Results in bold

1. Welcome by **Catherine: meeting opened at 7:00 PM with the Serenity Prayer, Hope read the 12 Steps, Susan B. read the 12 Traditions, and Catherine read Concept 7**

2. Introductions: **Catherine, Susan B., Susie, Mark, Julie, Hope, Becky and Sarah A-S**

3. Questions on these reports:

Chair—Catherine: none

Just a reminder that OA has its own archived podcasts featuring speakers on various topics at <https://oa.org/interviews-readings-and-meetings/>

Vice Chair—Julie: no report- **none**

Treasurer—Sarah:

- [Treasurer's report](#)
- Started the month with \$4531.49
- Took in \$164 in 7th Traditions
- Ended the month with \$4695.49
- Less \$1000 prudent reserve
- Leaves us with \$3695.49
- Anticipating \$1000 in advertising expenses in July as well as \$205.95 in deposits

New business (Susie may have already sent this in)

- I got a debit card for CVIG so we can use the credit card function and finally get our own Zoom account
- Zoom is [\\$14.99 per month](#) for unlimited meetings and up to 100 participants per meeting. That's \$179.88 per year. We can have 9 hosts or just have one host that people share. I know Susie is planning to lead a discussion on this [see New Business]

Question asked, “Does CVIG have a Vemo or PayPal account?” No, yet Sarah has personal accounts. She has suggested members can make contributions to her accounts and then she will transfer the monies to the CVIG checking account. Contact Sarah to do this.

Secretary—Hope: No Report

Region Rep/WSO Delegate—Susie: **WSO has created a survey to be completed asking that each Intergroup give feedback on whether the 2023 WSBC should include a virtual component. Susie will give CVIG more information about what this entails in the August meeting.**

Internal Communications—Becky: **Announced she will be away and not have access to her email account during the following times periods: July 6-12 and July 22-31. Sarah asked if Becky could send her the email distribution list so that she could send out an announcement about the July 12 Newcomers Meeting. Becky will arrange this with Sarah.**

Telephone—Dianna: no report- **not present**

Newsletter—Bob: no report- **not present** Catherine announced for Bob that the **July newsletter will have a new feature that has been developed with Bob's, Julie and Frannie's input.**

Website—Mark:

With regard to the CVIG website, we have just been adding and removing events. There has been a noticeable increase in contacts through the website. Mark E. has been responding to these e-mails. Sarah was given access to the Google Analytics to monitor the effect of the Facebook ad buy. That ad buy has resulted in a sustained increase in traffic to the website, mostly to the Newcomer Workshop event page.

12th Step Within—Alicia:

12th Step Within Committee:
July 11, 1-2pm--Relapse & Resilience
August 16, 2:30-3:30pm--Sponsorship Day

Retreat—Susan: **Susan shared that she participated in the Volunteer Training during the World Service Virtual Convention that was held on June 20-21. This was helpful. Catherine shared with Susan that the SCPA Intergroup is hosting a virtual retreat Sept 26-27 and suggested that they may be a helpful resource for her.**

Public Information- Hope- We hosted the first session of the Summer Series for Newcomers on Sat. June 27 from 1-2pm. The following is an update report:

39 participants were logged in to the session, of which we believe 20-25 people were "new" We are not sure if they are members from other areas. Two speakers shared on "Our Stories" One was a 100 lb Weight Loss, the other a recovering Anorexic/Bulimic.

They spoke for 15 min and then we had a 10 min Q/A time to follow each speaker. Feedback was very positive. Our next session "Abstinence and Food Plans" will be held on July 6 7-8 pm. Again we will have two speaker share followed by Q/A. So far we have spent \$500 on Facebook ads (a variety of versions). From this 9014 people have been reached, 962 engagements with our post and 119 clicks.

Fun and Fellowship—April: no report

4. Old Business:
 - a. Face-to-face meetings: feedback from groups- **Susie shared that all meetings held at Skipwith UMC are not able to meet in the facility until the end of the summer. Groups have decided to continue with virtual Zoom meetings. Catherine reported that two of the Charlottesville meetings have discussed the matter. She also shared that one Region 7 intergroup reported that those OA meetings that have returned to meeting in churches are being asked to bring their own cleaning supplies. Then clean and sanitize the meeting space and bathrooms. They also, voiced concerns about anonymity and OA's reputation when groups are meeting outside.**
 - b. Newcomer meetings and Facebook ads- **Refer to the Public Information Report. Sarah reported that the Facebook ads would continue through July 12 and the Newcomers' Meeting committee would keep the expense within the budget approved by Intergroup (\$1000)**

5. New Business:
 - a. Zoom account- **Susie reported that the Treasurer has obtained a debit card so that the Zoom account expense can be paid for directly by Intergroup. (Refer to the Treasurer Report) Susie will be training OA members on how to host a Zoom meeting so that this responsibility can be shared. There was much discussion relating to the following:**
 - **Who should be the custodian of the Zoom account?**
 - **Should the password and ID be changed for security and easier accessibility?**
 - **How secure are Zoom accounts and how do we handle a disruptive individual?**
 - **How do we assist others on how to use Zoom?****It was concluded that we would do the following: Intergroup Officers would be the custodians of the Zoom account; for now, we would keep the same password and ID, which can only be accessed by a request through the CVIGOA website; an email would be created by Sarah to instruct on how to access Zoom and distributed to Intergroup for feedback. Julie is considering hosting a virtual Newcomer's meeting.**

b. Elections in September- **Catherine would like to know by Aug. which Officers and Committee Chairs are eligible and willing to serve another one year term. Also, to know if there are any other members interested in Intergroup service positions.**

c. Approval of June minutes- **Approved**

6. Closing:

The meeting was closed, with thanks to all who attended, at 8:00PM with the Serenity Prayer.

The next IG meeting will be Sunday, Aug 2 at 7:00 PM via Zoom