

Central Virginia Intergroup  
Minutes for March 1, 2020 Meeting  
Meeting results in **bold**

1. Welcome: **Julie opened** with the Serenity Prayer; **Susan** read the 12 Steps, **Mark** read the 12 Traditions, and **Julie read** Concept 3

2. Introductions: **Susie H., Susan B., Julie W., Catherine W., Mark E., Dianna W., Sarah A-S, Ellyn B., Frannie K.**

3. Questions on these reports:

Chair—Catherine: **none**

1. Have you noticed? OA.org has a new webpage! Check it out!

2. You can now register for the World Service Convention “Sunshine of the Spirit: 60 Years Around the Sun” Aug 20 - 22 2020 at the Renaissance Orlando at Sea World!

If you haven't ever been to a World Service Convention (and even if you have), give yourself a wonderful recovery gift by going! WSO anticipates at least 1,000 OA members will attend from all over the world. It's 3 days of meetings, workshops, special focus meetings, a boutique, literature for sale, entertainment, and more.

Here's the tentative schedule: <https://oa.org/app/uploads/2020/01/Attendee-Schedule-20-Revised.pdf>

For complete information, click on <https://oa.org/world-service-convention/>

3. Are you a health care professional? Do you work with health care professionals? World Service periodically issues a special newsletter called The Courier written by professionals for professionals which can be downloaded and printed. Here's the latest issue: <https://oa.org/app/uploads/2020/01/courier2020.pdf>

Vice Chair—Julie: **none** no report but Julie will start the meeting if Catherine hasn't gotten to her phone yet

Treasurer—Sarah: see also New Business **none**

Treasurer's Report:

- Started the month with \$4095.34
- If all checks clear, we will take in \$356.74
- We spent \$28.12 on 12 step within
- Leaving us with \$4423.96 in our bank account
- Less \$1000 prudent reserve
- Leaves us with \$3423.96 in available funds.
- I have paid out \$207 in checks that haven't cleared yet (domain privacy and mileage reimbursement for birthday party)
- Our second deposit for Massanetta Springs isn't due until June.

Secretary—vacant:

Region Rep/WSO Delegate—Susie: **Susie submitted to WSO the results on WSBC questionnaire from last month's meeting.**

12th Step Within—Alicia: **12th Step Within is planning an event at Retreat Hospital on 3/22 at 10:30 am on Step 0--putting down the food. There will be a panel with three speakers. We will have a program exchange with the Tidewater Intergroup and a Sponsorship Day event on 8/16.**

February 29, Saturday, 2:30 pm ET is Worldwide OA Unity Day; where OAers hold hands across the globe. Unfortunately there will not be a special meeting here, but please announce this worldwide observance in your meetings.

On March 22, Sunday, 10:30 - 11:30 am, at Retreat Hospital, there will be a special program entitled "Step 0-Put the Food Down". Three panelists will share how they put the food down & what abstinence means to them. Hope you will support this with your attendance!

Spring Event: Date & Topic TBA - Tidewater IG and CVIG will do a program exchange; Jill C, from TWIG, will do a program for us here in Richmond, and hopefully someone from CVIG will do a program in Tidewater. The date & program may be decided by the CVIG member who volunteers to do this service. If interested, please contact Alicia @ 804-564-4649.

Summer Event: August 16 - Sponsorship Day, Details TBA.

Retreat—Susan: **Susan said the retreat committee is working along on preparations and happy to accept additional volunteers.**

- 1.The next retreat planning meeting is on Sunday, March 22 at 7 pm via Zoom.
- 2.The retreat flyer should be available in early April.
- 3.The committee would like to provide the following scholarships:
  - two half price double occupancy
  - two half price daytripper with meals
- 4.The net cost to us for the scholarships would be about \$200.
- 5.If we have the same number of people registering as we have had in the past, the retreat income will cover the scholarships. But there is no guarantee that we will have the same number of people registering as before.
- 6.We would like Intergroup to take a vote to cover the cost of the scholarships in case the retreat income does not.

Public Information—Madelyn: no report **not present**

Fun and Fellowship—April: no report **not present**

Internal Communications—Becky: no report but thank you Becky for sending out our notices **not present**

Telephone—Dianna: No report, everything is quiet. **None**

Newsletter—Bob: no report **not present**

Website—Mark: **none**

There hasn't been much going on with the CVIG website in the last month. There has been the regular updates to content, and we have restarted the process to move [richmond.ia.org](http://richmond.ia.org) to InMotion Hosting from GoDaddy. Hopefully, that transfer will be complete in a couple of weeks.

4.Old Business:

a. **Catherine asked for an alternative to Christ Church Episcopal for our June face-to-face meeting. Susie suggested Skipwith.**

5.New Business:

From Sarah: **Sarah discussed getting a PayPal account, both to accept meeting donations and to pay entities like Zoom. We can avoid the 3% fee if donations are handled as personal transfers. Sarah would have to transfer money from the PayPal account to the bank account. We would need to educate members about how to donate via PayPal. Dianna pointed out that if individuals make donations to CVIG via PayPal, those donations will not support individual meetings, Region 7 or WSO. Susie will contact Stacey, the Region 7 treasurer, about Region 7's experience with PayPal.**

Mark has set up a treasurer email address

Zoom account: **Catherine suggested reimbursing Susie for use of the Zoom account. Approved.**

b.From Susan B: **Susan B. asked if CVIG will cover the cost of retreat scholarships if the retreat income is insufficient. Approved.**

c.Approval of February minutes **February minutes were approved.**

6.Closing:

**Our next meeting will be at 7 pm on Sunday, April 5 via Zoom.  
Julie adjourned the meeting at 7:30 pm.**