

Central Virginia Intergroup
Minutes for May 3, 2020 Meeting at 7:00 PM on Zoom
Meeting results in **bold**

1. Welcome by **Catherine**; meeting opened at **7:03 PM** with the **Serenity Prayer**. **Alicia** read the 12 Steps, **Susie** read the 12 Traditions, and **Catherine** read Concept 5.
2. Introductions: **Dianna, Susan, Hope, Susie, Bob, Sarah, Alicia, Catherine, and Mark**
3. Questions on these reports:

Chair—Catherine: **Check out OA Zoom workshops around the area at <https://oaregion7.org/events/>**

Thank you everyone for arranging our meetings to be on Zoom or by phone. All meetings in CVIG are accounted for in one or the other format. Please let your meeting members know that there are many OA workshops being held around the country on Zoom. Check out <https://oaregion7.org/events/> !!

If it isn't too much trouble for Mark, might we list the Region 7 events page or online meetings from other Intergroups on our website? See how South Jersey Intergroup handles it: <https://oa-southjersey.org/>

What to do about updating World Service website info on our meetings? See New Business

Vice Chair—Julie: no report **not present**
Treasurer—Sarah: **none**

Here's the [Treasurer's Report](#)

- Started the month with \$4505.67
- Took in \$410.82 in 7th traditions
- Ended with \$4916.49
- Less \$1000 prudent reserve leaves us with \$3916.49
- The only immediate obligation we have coming up is a \$385 insurance payment and the retreat deposits which won't be due til 2021.

Secretary—vacant:

Region Rep/WSO Delegate—Susie: **WSBC took place via emails. Trustees were elected and 4 new pamphlets were approved. They are: “In OA, Recovery is Possible” “Temporary Sponsors: Newcomers’ First 12 Days” “To the Young Person” and “A Lifetime of Abstinence.”**

Though the Region 7 Spring Assembly was canceled, the WSBC is taking place via email. The conference opened on April 13 and will close on April 29. All the motions we asked groups to review have been discarded; if the makers of the motions wish their motions to be taken up next year, they will have to resubmit them.

The two business items that went forward, due to their importance, were trustee elections and voting to approve or disapprove four proposed pamphlets. Trustee candidate statements were made available for review; delegates were permitted to submit written questions; the questions were

answered in writing by the candidates; and the vote took place. It should be noted that there were six vacancies and five candidates.

Then a question period was opened for the four pamphlets, which were made available in draft form. Again delegates were permitted to submit written questions, and the questions were answered by members of the Board and the literature committee. Nevertheless, all four proposed pieces of literature had to be voted on without any changes--if the voting delegate felt the piece was worthwhile as it was, he/she was to vote yes. That voting period will close on April 28.

Results of these two major votes will be made available on April 29, so I will be able to report on them at our meeting on May 3.

Internal Communications—Becky: no report **not present**

Telephone—Dianna: no report **none**

Newsletter—Bob: no report **The May newsletter will be out shortly. Susie will check to see if someone looking for a sponsor, whose information was provided in the April newsletter, has found one or wants the information included again in the May newsletter. She will also notify Mark, who has also included the information on the website.**

Website—Mark: **Mark asked whether we should continue to offer assistance to individuals looking for sponsors by posting their information on our website. The consensus was yes if asked.**

As to the CVIG web site, we have just been trying our best to keep the meeting and event information us to date. There is still one domain that needs to be transferred to our current host. That effort has slipped through the cracks of late. We may give it another shot in May.

12th Step Within—Alicia: **The “Step 0” workshop will be held Sunday May 17 beginning at 2:30 PM on our regular Zoom meeting site. An e-blast will be sent out shortly.**

12th Step Within continues to serve our fellowship....those in recovery and those still suffering! We had 50 zoom participants for the Fear Workshop that was generously brought to us by TWIG's (Tidewater) 12th Step Within! TWIG will also be presenting "Compulsive Eating Behaviors" on Saturday, May 2, 1PM. We are in the planning stages of our next event; "Step 0 -- Put Down the Food!" Stay tuned for details! Thank you all for your support!

Retreat—Susan: no report **none**

Public Information—Madelyn: no report **Catherine reported for Madelyn who is resigning as co-chair of the PI committee due to lack of time to devote to it. Sarah noted that without upcoming retreat expenses, IG might want to consider some outreach via Facebook ads, etc. Catherine will contact Sandy, the other co-chair, to see about future PI work. Sarah and Alicia will explore the possibility of presenting a Zoom newcomer meeting should we get interest from Facebook ads or other PI work while face-to-face meetings are not being held.**

Fun and Fellowship—April: no report **not present**

4. Old Business:

a. Report from Sandy on AA PayPal? Suspend PayPal/Zelle, etc. discussion for now? **Because of tax problems which we cannot solve, an IG PayPal account is not possible. However, Sarah is willing to permit 7th Tradition donations for IG be made to her private PayPal account. Members will have to contact her individually to make arrangements.**

b. Update on Seventh Tradition donations: Suggestions for collection were distributed asking meeting treasurers to choose a preferred method and decide when to ask for those contributions. **An email was sent via e-blast suggesting each meeting treasurer choose a preferred method for collecting 7th Tradition donations; Alicia reported that all treasurers had done so.**

5. New Business:

a. From Susie: I exchanged emails with Karen B., pour trustee, because I feel we have a bit of a problem, now that we've moved to Zoom, with folks who have no book or not the most current edition of the book when we are using the OA 12 & 12 or Overeaters Anonymous. I was thinking CVIG might put out a suggestion to groups that members consider buying the most current literature, which reflects OA's most current view of our disease and the solution. Karen agreed, and said it might be good to remind folks that electronic versions of the literature are priced lower than physical books, for users of e-readers. **A motion was approved that Intergroup will suggest that members purchase the most current editions of OA literature as significant changes in OA positions on our disease and OA policy are reflected in the newest literature. Although the WSO office is closed and literature orders may take a bit longer to be filled and sent, electronic versions of all books can be purchased for less money than hard-backed versions and can be easily purchased on oa.org or Amazon. Catherine will draft a statement including pricing and circulate it to board officers and chairs for additions, updates, or corrections.**

b. Treasurer's Report: change the end date to make it easier for the treasurer to give us a report? **Sarah suggested closing the treasurer's report on the 20th of the month instead of the last day of the month since it would eliminate the need for her to produce 2 reports each month, one for the IG meeting and one to add any income or expenses received between the IG meeting report and the last day of the month. A motion to change the treasurer's report to close on the 20th of each month was approved.**

c. Updating World Service website? **Upon examination of oa.org, it appears sufficient information is provided to direct individuals seeking a meeting to call the meeting contact person first.**

d. Approval of April minutes **The minutes were approved as written.**

e. Selection of next IG meeting date and time? Was originally scheduled to be an in-person meeting Saturday June 6 at 11:15 AM at Christ Church Episcopal. **The next Intergroup meeting will be held instead on Sunday June 7 at 7:00 PM via Zoom.**

6. Closing: **The meeting was closed, with thanks to all who attended, at 7:56 PM with the "We" version of the Serenity Prayer.**

The next Intergroup meeting will be held on Sunday June 7 at 7:00 PM via Zoom. For the June agenda:

1. Facebook or other advertising?

2. Reopening face-to-face meetings, when and how?